**Congresswoman Kathy Manning NC-06  
How to Apply for a Military Academy Nomination**

**Step 1: Check your eligibility.**   
*Confirm that you meet the following criteria:*

* **Age**: Be at least 17 years old, but not have passed the 23rd birthday
* **Citizenship**: Must be a U.S. citizen
* **Marital Status**: Must be unmarried, not pregnant, and without legal obligation to support children or other dependents
* **Residence**: Must reside within the boundaries of the 6th Congressional District of North Carolina.
* **Skill / Fitness**: Must meet the medical, physical, and academic requirements of the Academy

**Step 2: Gather necessary documents for your application.**   
*To complete your nomination file, you must have all the following documents included:*

* Current photo
* High school transcript
* American College Testing Program (ACT) results and/or College Board Scholastic Assessment Test (SAT) results
* Resume of extracurricular activities
* An essay stating why you want to attend a service academy (500 words or less)
* Three letters of recommendation

**Step 3: Fill out the Military Academy Nomination Form online.**   
*This will be the cover page for your nomination file. Please print and send this form along with the documents listed in Step 2. The link to complete the nomination file can be found below:*

* <https://manning.house.gov/services/military-academy-nominations/military-academy-nominations-faq>

**Step 4: Submit all documents to Congresswoman Manning’s office.** *You may email, fax, or mail these documents to Matt Schlosser with Congresswoman Manning’s district office.*

* Point of Contact: Lauren Wyatt
* Email: lauren.wyatt@mail.house.gov
* Fax: (202) 225-8611
* Mail: 100 S Elm Street, Suite 301, Greensboro, NC 27401

Please note that there are five service academies, although many of the qualifications are similar, each academy operates under its own admissions guidelines. It is not necessary to seek a nomination to the Coast Guard Academy, as the U.S.C.G.A. accepts candidates based on their own testing criteria. Visit <https://manning.house.gov/services/military-academy-nominations/military-academy-nominations-faq> for more information.